



Scotch College Sport

Policies & Procedures

General Policies and Procedures

Participation

Scotch College believes in the benefits gained from involvement in school sport.

YEAR 6–10

ALL students in Year 6 to 10 are required to participate in at least one physical activity in both winter and summer seasons. They must participate in both training sessions and competitions. College sport takes priority over club sport. Students are free to play with clubs, providing that practices/matches do not interfere with College.

YEAR 11-12

At Year 11 and 12, whilst participation in sport is not compulsory, students are encouraged to remain involved for a number of wellbeing reasons. Once committed to a college sport(s), trainings and competitions become compulsory for the whole season.

The College will not approve and it is not acceptable for a student to exempt themselves from a school sport on the basis that they play this sport, for an outside club at the same time. **Where such a clash occurs it is expected that the student will play for the school. College sport takes precedence over club sport at all times.**

SCHOOL FIRST

In Years 11 and 12 the College enforces the 'School First' rule which states if a student in Year 11 or 12 plays for a club then the student must nominate for that particular sport at the College if it is on offer.

Students will only be considered for Scotch College representative teams and state knockout competitions in the sports in which they participate in for the weekly school competition. Students playing such sports only in club competitions are not eligible to participate in school representative teams.

Where a student has a demonstrable commitment to a sport that is not offered by the College and this prevents involvement in a school sporting activity, then an exemption may be negotiated with the Director of Sport. In such cases this sporting commitment will be acknowledged by the school and credited as a bona fide co-curricular activity.

In exceptional circumstances an exemption from College sport may be granted.

Grounds for application for an exemption include:

- Existence of a chronic medical condition.
- A student participating at an elite level in an activity/sport. For example SANFL First XVIII senior League Football, (not Reserves or U/18) or State U/16 and U/18 representative teams. Div 1 Men's/Women's Pennant Tennis.
- A student participating in a sport not offered by the College.
- A student has a significant performing arts load.

Applying for an exemption:

All exemptions must be requested via email to the Director of Sport prior to the summer or winter sporting season. If this does not occur the expectation is that each student will participate fully in all training sessions of his / her chosen sport and be available at all times for selection.

Nominations

Once nominations for particular sporting activities are confirmed, students are expected to honor the obligation and present themselves for all programmed practices and match fixtures. Failure to honor this obligation to the College and team members without prior notification and approval of absence, will attract penalty in the form of mid-week and Saturday detentions depending on the severity of the offence.

Change of Sport

It is not usually permitted for students to change sports once the season has begun. If exceptional circumstances arise, parents are invited to contact the Sports Coordinator to discuss the particular situation.

The Boys and Girls Sport Practice Timetables are emailed to all students and parents at the College. They are also posted on the College website, www.scotch.sa.edu.au and displayed in classrooms.

Sport Supervisors

While the Director of Sport is responsible for the overall sporting program at the College, individual sports do have a supervisor who oversee that sport. The supervisors of sport may be contacted on matters relating to that sport in the first instance. The supervisors of sport are listed on the practice timetables.

Coaching

Our sporting teams/squads are coached by a combination of staff, external coaches, old collegians and parents. Coaching positions are monitored on a regular basis. The College financially supports both the employment of coaches as well as their professional development.

Changing Sports

Students are not usually permitted to change sports once the season has begun. If exceptional circumstances arise, parents are asked to contact their sports supervisor to discuss the particular situation.

Weekly Information

All information on the location of sporting activities in any given week is emailed by the Director of Sport to all parents. Students will also receive the information via email from their respective sport supervisor. Last minute changes, weekly fixtures, schedules and other information are posted on the [College Events webpage](#).

Match day contact can be made with Darren Beanland, Director of Sport on 0417 753 076 or Director of Rowing, Jarrad Schar for rowing matters on 0429 800 256.

Transport

Every effort will be made by the Boarding House staff to ensure that boarders are transported to and from away sporting venues.

Day students are expected to arrange their own transport to and from away venues except for sporting competitions that are played mid-week, where transport will be provided.

No student is permitted to travel with a student driver unless written parental permission is provided through the

Senior School office.

Dress for Practices

All students are to be dressed in clothing / shoes appropriate to that sport or the Scotch College PE Uniform.

All students are required to wear the correct uniform for the sports in which they are involved. Parents are asked to support the College in this by ensuring the appropriate uniform items have been purchased and are available for each match. Appropriate Scotch College hats are expected to be worn in Term 1 and 4 for outside activities.

All uniforms are available in the Scotch Shop, where the staff will direct purchase of the appropriate uniform.

Dress for Matches

It is important that all students who represent Scotch College are correctly dressed for the sport that they are playing.

Absence Procedure

If absent prior to the day of competition, please ring or email the Director of Sport to indicate whether the player concerned will be available or not for the fixture.

First Aid

The College Nurse can be contacted on 0400 282 028. The nurse is available until 5pm on weekdays.

Coaches are supplied with a basic first aid kit. More comprehensive first aid kits are available at specific locations throughout the College.

If a boarder requires first aid at training or during competition, the Rosevear Boarding Precinct must be notified on 08 8274 4291

If a boarder requires ambulance assistance Head of Girls Boarding on 0427 924 009 or Head of Boys Boarding on 0438 655 435 must be notified.

If a day student requires first aid at training or during competition and or doctor / ambulance assistance, parental contact must be made.

Emergency

Ambulance, Police, Fire 000

Hospitals

Royal Adelaide	8222 4000	Women's and Children's	8161 7000
Queen Elizabeth	8222 6000	Flinders Medical Centre	8204 5511

Concussion

If a student is concussed during competition or at training, that student will not return to the training session or competition that day and will miss the competition the following week as a minimum requirement. The student cannot then resume any contact sport until medically evaluated and cleared.

In the event of a boarder being concussed please phone the Head of Girls Boarding on 0427 924 009 or Head of Boys Boarding on 0438 655 435 must be notified. If a day student is concussed parental contact must be made.

Codes of Behaviour

Grievances

In accordance with the College Grievance Procedure Policy, all unresolved issues of concern should be addressed to the Director of Sport.

Darren Beanland	Director of Sport	0417 753 076
Adam Rosser	Head of Junior School Sport	0400 134 755
Jarrad Schar	Head of Rowing	0429 800 256

Codes of Behaviour

The College endorses the [Australian Sports Commissions](#) Codes Of Behaviour which provides advice and guidance for coaches, players, officials, parents, the media and spectators.

Students are expected to fulfill their commitment to team/squad sport. Students are encouraged to strive for personal best whilst still aiming for victory.

Parents and spectators of Scotch College teams should be aware of the following points:

1. There should be no coaching from the sidelines and all barracking should be positive.
2. Coaches and officials should not be questioned about decisions during the period of play. Coaches and officials should be supported at all times.
3. The arena should not be entered during play.
4. Parents are asked to support the College policy by ensuring students availability and punctuality for competitions.

Sport at Scotch College attempts to achieve a number of objectives

1. To ensure that each student finds fun and enjoyment in physical activity.
2. To provide each student with the opportunity to participate in a College team.
3. To encourage the development of physical fitness specific to each sport.
4. To assist in the development of skills specific to each sport and to acquire a knowledge and appreciation of the game
5. To enhance social awareness and academic performance.

Vilification Policy

Preamble

In keeping with Scotch College's commitment to holistic education, this document exists so that all efforts are made to provide the safest possible playing environment for all members of our community but particularly potentially marginalized groups, whether by race, religion or ethnic origin. The College promotes the highest standards of fair play and respect for diversity in its sporting programs.

Definition

No person shall act towards or speak to any other person in a manner, or engage in any other conduct which threatens, disparages, vilifies or insults another person on the basis of that person's race, religion, national or ethnic origin.

Lodging Complaint

An umpire, club or player may within 48 hours following the day on which the offence is alleged to have occurred, lodge a complaint in writing to the Director of Sport. The complaint must outline the circumstances of the allegations made against a person and provide as much detail as possible, i.e. time and place of offence, circumstances surrounding offence, witnesses to offence.

Director of Sport

This person shall:

- (a) inform the alleged offender of the complaint and provide that person with an opportunity to respond to it in writing;
- (b) identify and obtain written statements from any available witnesses;
- (c) obtain video or other evidence;
- (d) arrange for and take all steps necessary for the complaint to be conciliated.

Sanction

Possible sanctions include game (partial or whole) and school suspensions and/or detentions.

School Counselling

The offending student shall have appointments made with their Head of House, relevant Head of School and/or School Principal in an effort to educate the student toward acceptance, tolerance and understanding.

Letter of Remorse

In the event the remark is heard by the victim, a personal letter of apology shall be needed from the offending student to the victim. Where possible, the victim's first name should be included as a mark of respect to the victim. The letter shall be forwarded by the Director of Sport to his/her counterpart at the other school. In addition to the personal letter, an open letter of remorse seeking forgiveness, where the student shall take ownership and responsibility for their actions, shall also be completed and forwarded to the Director of Sport. The student shall not be eligible to play sport for the College until such time as these obligations are completed.

In the event the remark is not heard by the victim, an open letter of remorse will be forwarded to the Director of Sport by the nominated date.

Scotch College endorses the AFL racial/religious code.

Scotch College Sport Model

- Junior Primary:** Physical Education forms the basis for future sport involvement. The 'House' system offers the opportunity for exposure to competition.
- Middle Primary:** Intraschool sport competition for team sports. House and SAPSASA individual sports commence.
- Upper Primary:** Interschool team sports. Availability for talent squads. SAPSASA expands into team sports.
- Middle and Senior Schools:** Interschool competition, broader offering of sports, Sport Association of Adelaide Schools, talent squads, interstate and international competition, Independent Girls Secondary School Sport Association.

Inclement Weather

Sport Association of Adelaide School Extreme Weather Policy

(Boys Sport Only)

Rationale

This policy is provided for member schools in order to meet the following objectives in relation to extreme weather conditions particularly in the case of hot weather, but also in other circumstances such as severe storms, electrical storms or extremely cold conditions.

1. To provide guidelines for members so that their duty of care responsibilities are acknowledged and addressed and to ensure that the Association has acted responsibly in these circumstances.
2. To establish structures and procedures to assist members in making decisions efficiently.
3. To establish consistency of practice.

Hot Weather Blanket Cancellations (other than for water based sports)

For Saturday Sport.

If the temperature for the forthcoming Saturday is forecast at 38C in The Advertiser on Friday all Saturday sport with the possible exception of First XI Cricket, will be cancelled.

If the forecast temperature is less than 38 degrees but conditions are considered as extreme, the SAAS Sporting Administrator in consultation with The Chair of Executive and Coordinators will inform both Coordinators and Principal of schools by either fax or email if sport is to be cancelled.

This should occur as soon as possible on Thursday morning prior to the games on Saturday. Coordinators will then be expected to communicate with students/coaches/parents in informing them of the situation. **First XI Cricket will be cancelled on an assessment of local conditions when either one or both coaches (or other senior school officials) decide that the match should be cancelled. Playing conditions will be adjusted in hot weather to allow for extra drinks breaks with variations to playing time.**

For Mid-Week Sport (with the exception of water sports)

If the temperature (for the following day) is forecast to be 36 degrees or more in The Advertiser all sport for that day will be cancelled.

If the forecast temperature is less than 36 degrees but conditions are considered as extreme, the SAAS Sporting Administrator in consultation with the Chair of Executive and Coordinators will inform both Coordinators and the Principals of schools by either fax or email if sport is to be cancelled.

Other Cancellations due to Hot Weather

A school may elect to cancel fixtures where the forecast temperatures are lower levels than those stated above where local conditions are more severe and poses an increased risk for student participation.

Cancellations Due to Other Weather Conditions

The SAAS Executive Officer in consultation with the Chair of the Executive may issue a blanket cancellation where weather conditions across the metropolitan area are considered to be so extreme as to warrant such a cancellation.

It is recognised that extreme weather conditions (hail, lightning, rain etc) could impact upon proceeding with games.

Fixtures may be cancelled by either participating school if deemed necessary

Lightning/Thunderstorms

Due to the inability to accurately forecast electrical storms and the likelihood of very localised weather patterns it is not possible or practical to create a policy that can be applied to all venues on any particular day. However the following guidelines should be considered and followed;

Guidelines

- If the weather forecast is for possible thunderstorms/lightning remain vigilant for approaching storms and. /or changing or rapidly deteriorating conditions.
- If you see lightning apply the “30 – 30 Rule” Count the time from seeing lightning to when accompanying thunder clap is heard. , if less than 30 seconds (storm is less than 10 kms away) go immediately to a safer place. Wait 30 minutes after the last thunder clap before continuing play in an open area.
- Hearing thunder means that lightning is likely to be within striking range.
- In the event of thunderstorm/lightning where player/officials/spectator welfare is deemed unsafe by either team coach (or referee) play should be suspended.
- If conditions improve – remember the 30 – 30 rule and wait 30 minutes, games may recommence. This may require some modification to duration of game.

Heavy rain/Hail/Wind Gusts

Heavy rain or hail is unlikely to present as a significant personal injury risk to participants. However, heavy rain or hail may leave a playing surface dangerous and therefore unplayable!

As is the case with lightning/thunderstorms it is not possible to have in place a policy that can be applied to all venues on a particular day. The following guidelines should be followed:

Recommendations and Guidelines

- In the event of heavy rain or hail, if the conditions such as the safety of the playing surface or player welfare are deemed unsafe by either team coach (or referee) then play should initially be suspended.
- If the conditions improve i.e. rain stops or eases to what is considered a safe level by coaches/referees and the playing surface can be cleared or has drained sufficiently to enable play to re-commence, games should then be completed.
- This may also require a modification of existing rules regarding the durations of the game.

IGSSA Independent Girls Schools Sports Association (Girls Sport Only)

EXTREME WEATHER GUIDELINES

Hot Weather – from IGSSA policy dated 11 Feb 2015

Saturday morning Sport

If the weather is predicted to be 38 degrees or above at 8am on Friday on the Bureau of Meteorology website, www.bom.gov.au, Saturday morning sport will be cancelled.

Mid-Week Sport

If the weather is predicted to be 36 degrees at 8am on the Bureau of Meteorology website, www.bom.gov.au, that afternoon's sport will be cancelled.

Inclement Weather – from IGSSA meeting 16 May 2013

In the event that mid-week matches are cancelled due to weather or any other unforeseen reason (such as the playing surface deemed unsafe) the decision to cancel will be made by the Director of Sports of the host School who should advise the opposing School(s) as early as practical.

Lightning/Thunderstorms – taken from the SAAS policy November 2012

Due to the inability to accurately forecast electrical storms and the likelihood of very localised weather patterns it is not possible or practical to create a policy that can be applied to all venues on any particular day. However the following guidelines should be considered and followed;

Guidelines:

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- If you see lightning apply the "30 – 30 Rule" Count the time from seeing lightning to when accompanying thunder clap is heard. , if less than 30 seconds (storm is less than 10 kms away) go immediately to a safer place. Wait 30 minutes after the last thunder clap before continuing play in an open area.
- Hearing thunder means that lightning is likely to be within striking range.
- In the event of thunderstorm/lightning where player/officials/spectator welfare is deemed unsafe by either team coach (or referee) play should be suspended.
- If conditions improve – remember the 30 – 30 rule and wait 30 minutes, games may recommence. This may require some modification to duration of game.

Scotch College Inclement Weather Policy for Sports Practice

Terms One and Four

On days where the forecast maximum on the Bureau of Meteorology website, www.bom.gov.au, is 38c or higher afternoon coaching/training sessions may be affected.

Swimming	-	no cancellation
Basketball	-	indoors sessions not cancelled outdoor sessions cancelled
Softball	-	cancelled
Athletics	-	cancelled
Tennis	-	cancelled
Cricket	-	cancelled
Rowing	-	on water not cancelled indoors not cancelled land based activities cancelled

Morning training sessions for any of the summer sports will not be cancelled.

EXCEPTIONS

Any training sessions may be cancelled due to extreme conditions. These include but are not limited to:-

- temperature extremes
- strong winds
- electrical storms
- smoke from bush fires

Programmed interschool competitions (weekend or mid-week) in general will go ahead with players and officials being expected to attend the venue where a decision will then be made regarding the format of the competition (IGSSA and SAAS policy).

Please note:

In planning training session content, consideration will always be given to weather conditions and the demands they may place on the individual as relates to their age, body mass, conditioning of the participant, as well as humidity, temperature, etc.

To participate in outdoor activities students must have a suitable hat and use sunblock on exposed skin. It is an expectation that they will supply their own water for maintaining hydration.

In the case of cancellation parents will be informed by email or SMS and all students will be given the following options:

- private study in the Library until 5.00pm
- early departure for home