

Sun Protection Policy Students & Teachers – Torrens Park Campus

Guiding Principles:

The aims of the Sun Protection Policy are to;

- encourage the entire school community to use a combination of sun protection measures when the UV Index is 3 or above.
- work towards a safe school environment that provides shade for students, staff and the school community at appropriate times
- ensure all students and staff have some UV exposure for vitamin D
- assist students to be responsible for their own sun protection
- ensure that families and new staff are informed of the school's Sun Protection policy.

This policy applies to all school events, on and off site.

Whole of College

Every teacher has a duty of care towards every student in his or her supervision, by virtue of the conditions of the teacher's employment and by virtue of the common law principles of negligence. Duty of care requires teachers to supervise students so that they comply with expectations designed to keep them safe and implement programs and procedures that ensure the safety of students.

UV Index

The Ultraviolet Radiation (UV) Index and sun protection times are reported in the local weather forecast provided by the Bureau of Meteorology. This can be easily accessed from the Bureau of Meteorology website (<u>http://www.bom.gov.au/sa/forecasts/adelaide.shtml</u>) or via the Bureau App. Sun protection measures are recommended when the UV Index is 3 (Moderate) and above.

1. Clothing

Sun protective clothing is included in the College uniform, including sports and PE uniforms. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and sleeves that cover shoulders, longer-style dresses and shorts and board shorts, rash vests or t-shirts for outdoor swimming.

2. Sunscreen

The College provides SPF 50, water resistant, broad spectrum sunscreen for staff and student use. This is available from the Middle and Senior School offices and is carried by Yard Duty staff in Terms 1 and 4, when the UV Index can reasonably be expected to reach 3 (Moderate). It is available from school offices during sport practices.

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Students are expected to provide and apply sunscreen before sporting matches that occur outside of regular school hours (e.g., on a Saturday morning).

3. Hats

All teachers and students are required to wear hats during timetabled outdoor physical education lessons, or during sport practices and (where appropriate) matches. Students are also required to wear hats during recess and lunch breaks during Terms 1 and 4, unless they are in areas of shade. During Terms 2 and 3, if the UV index is reported 3 or above. It is recommended that hats are broad brimmed or bucket hats.

Teachers who are on duty in exposed areas during Terms 1 and 4 are also required to wear a hat which is broad brimmed or of the bucket style.

4. Shade

A shade audit is conducted regularly to determine the current availability and quality of shade. On days when the UV rating is Extreme, indoor spaces are available for student use at break time. The availability of shade is considered when planning excursions or other outside activities.

In consultation with the Senior Leadership Team and Infrastructure Committee, shade provision is considered in plans for future building or development on the grounds.

Students who do not have appropriate hats or clothing are asked to play in the shade or a suitable area, protected from the sun.

5. Staff WHS and Role Modelling

As outlined in this policy, teaching staff are expected to model sun smart behaviours when working outside. In addition to hats, staff should consider their clothing and assess its suitability for exposure to the sun when working outside. Teachers and yard duty supervisors should exercise good judgement before taking students outside on days where the UV index is Extreme, to protect themselves and the students.

6. Curriculum

Programs on skin cancer prevention and sun protection are included in the curriculum in Year 7 Health and PE.

Sun smart behaviour is regularly reinforced and promoted at events that have students learning outdoors.