



## Sport Policy – Torrens Park Campus

This document applies to Parents, Students and Staff at Scotch College Adelaide from Year 6 – 12.

### Guiding Principles:

To ensure that each student finds fun and enjoyment in physical activity.

To provide each student with the opportunity to participate in a College team.

To encourage the development of physical fitness specific to each sport.

To assist in the development of skills specific to each sport and to acquire a knowledge and appreciation of the game

To enhance social awareness and academic performance.

### Expectations

Scotch College believes in the benefits gained from involvement in school sport. It is expected that students in Year 5 to 10, will participate in both training sessions and competitions. At Year 11 and 12, whilst participation in sport is not an expectation, students are encouraged to remain involved for a number of wellbeing reasons. Once committed to a sport, trainings and competitions become compulsory for all.

Scotch College enforces the rule that if a student plays a sport for a club then they must participate in that particular sport for the College.

The College will not approve and it is not acceptable for a student to exempt themselves from a school sport on the basis that they play this sport, or another sport offered by the College, for an outside club at the same time. **Where such a clash occurs it is expected that the student will play for the school. College sport takes precedence over club sport at all times.**

Students will **only** be considered for Scotch College representative teams, including state knockout competitions and individual SA Sport based competitions, in sports they participate in for the College. Students playing sports only in club competitions are not eligible.

Where a student has a demonstrable commitment to a sport that is not offered by the College and this prevents involvement in a school sporting activity, then an exemption may be negotiated with the Director of Sport and Activities. In such cases this sporting commitment will be acknowledged by the school and credited as a bona fide co-curricular activity.

In exceptional circumstances an exemption from College sport may be granted.

### *Grounds for application for an exemption include:*

- Existence of a chronic medical condition.
- A student participating at an elite level in an activity/sport. For example, SANFL League
- Football, Div 1 Men's/Women's Pennant Tennis
- A student participating in a sport not offered by the College.
- A student has a significant performing arts load

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### *Applying for an exemption:*

**All exemptions must be requested via email to the Head of Sports Programs prior to the summer or** The Boys and Girls Sport Practice Timetables are emailed to all students and parents at the College. They are also posted on the College news website, [www.scotchcollegenews.com](http://www.scotchcollegenews.com) and displayed in classrooms.

### *Sport Supervisors*

While the Head of Sports Programs is responsible for the overall sporting program at the College, individual sports do have a supervisor who oversee that sport. The supervisors of sport may be contacted on matters relating to that sport in the first instance. The supervisors of sport are listed on the practice timetables.

### *Coaching*

Our sporting teams/squads are coached by a combination of staff, external coaches, Old Collegians and parents. Coaching positions are monitored on a regular basis. The College financially supports both the employment of coaches as well as their professional development. Coaches can be contacted via our Outlook email system at the College.

### *Changing Sports*

Students are not usually permitted to change sports once the season has begun. If exceptional circumstances arise, parents are asked to contact the Head of Sports Programs to discuss the particular situation.

### *Weekly Information*

All information on the location of sporting activities in any given week is emailed by the Head of Sports Programs to all parents. Students and parents will also receive the information via email from their respective sport supervisor, or Head of Sport regarding team selection. Last minute changes, weekly fixtures, schedules and other information are posted on the College news website. On match day contact can be made with the or the individual Head of Sport.

### *Transport*

Every effort will be made by the Boarding House staff to insure that boarders are transported to and from away sporting venues.

Day students are expected to arrange their own transport to and from away venues except for sporting competitions that are played mid-week, where transport will be provided.

No student is permitted to travel with a student driver unless written parental permission is provided through the Senior School office.



### *Dress for Practices*

All students are to be dressed in clothing / shoes appropriate to that sport or the Scotch College PE Uniform. All students are required to wear the correct uniform for the sports in which they are involved.

Parents are asked to support the College in this by ensuring the appropriate uniform items have been purchased and are available for each match. Appropriate Scotch College hats are expected to be worn in Term 1 and 4 for outside activities.

All uniforms are available in the Scotch Shop, where the staff will direct purchase of the appropriate uniform. Students must bring all protective equipment required for the sport they participate in.

### *Dress for Matches*

It is important that all students who represent Scotch College are correctly dressed for the sport that they are playing. Students must bring all protective equipment required for the sport they participate in.

### *Absence Procedure*

If absent prior to the day of competition, please ring or email the Director of Sport and Activities to indicate whether the player concerned will be available or not for the fixture.

### *First Aid*

Jackie Newbegin (College Nurse) can be contacted on 0400 282 028. She is available until 5pm on weekdays.

Coaches are trained in first aid and supplied with a basic first aid kit. More comprehensive first aid kits are available at specific locations throughout the College.

### **In the case of an Accident / Emergency**

If an accident / emergency occurs during training or on match day that is deemed as “significant” by those administering First Aid, the following procedure must be followed:

### *Day Student*

Immediately follow necessary First Aid / Emergency procedures.

Make parental / guardian contact (information can be obtained from the provided Student Health Forms).

### *Boarding Student*

Immediately follow necessary First Aid / Emergency procedures.

If a boarder requires first aid at training or during competition, the Rosevear Boarding Precinct must be notified on 08 8274 4291.

If a boarder requires ambulance assistance David Scholz (Head of boys Boarding) on 0438 655 435 or Kara Cleary (Head of Girls Boarding) on 0427 924 009 must be notified.

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If a boarder is sent off the field for medical reasons it is imperative that Boarding staff are informed so that follow up treatment can be provided if the need arises.

### **Emergency**

Ambulance, Police, Fire 000

### **Hospitals**

Royal Adelaide	8222 4000	Women's and Children's	8161 7000
Queen Elizabeth	8222 6000	Flinders Medical Centre	8204 5511

### **Concussion**

If a student is concussed during competition or at training, that student will not return to the training session or competition that day and will miss the competition the following week as a minimum requirement. The student cannot then resume any contact sport until medically evaluated and cleared.

In the event of a boarder being concussed the Director of Boarding 0438 655 435 or Deputy Director of Boarding on 0427 924 009 must be notified.

If a day student is concussed parental contact must be made.

### **Grievances**

In accordance with the College Grievance Procedure Policy, all unresolved issues of concern should be addressed to the Head of Sports Programs.

### **Codes of Behaviour**

The College endorses the Australian Sports Commissions Codes of Behaviour which provides advice and guidance for coaches, players, officials, parents, the media and spectators.

The codes of behaviour can be found on the College website.

Students are expected to full-fill their commitment to team/squad sport. Students are encouraged to strive for personal best whilst still aiming for victory.

### **Parents and spectators of Scotch College teams should be aware of the following points:**

- There should be no coaching from the sidelines and all barracking should be positive.
- Coaches and officials should not be questioned about decisions during the period of play.
- Coaches and officials should be supported at all times.
- The arena should not be entered during play.
- Parents are asked to support the College policy by ensuring students availability and punctuality for competitions.



## Vilification Policy

### *Preamble*

In keeping with Scotch College's commitment to holistic education, this document exists so that all efforts are made to provide the safest possible playing environment for all members of our community but particularly potentially marginalized groups, whether by race, religion or ethnic origin. The College promotes the highest standards of fair play and respect for diversity in its sporting programs.

### *Definition*

No person shall act towards or speak to any other person in a manner, or engage in any other conduct which threatens, disparages, vilifies or insults another person on the basis of that person's race, religion, national or ethnic origin.

### *Lodging Complaint*

An umpire, club or player may within 48 hours following the day on which the offence is alleged to have occurred, lodge a complaint in writing to the Director of Sport and Activities. The complaint must outline the circumstances of the allegations made against a person and provide as much detail as possible, i.e. time and place of offence, circumstances surrounding offence, witnesses to offence.

### *This person shall:*

- inform the alleged offender of the complaint and provide that person with an opportunity to respond to it in writing;
  - identify and obtain written statements from any available witnesses;
  - obtain video or other evidence;
- arrange for and take all steps necessary for the complaint to be conciliated.

### *Sanction*

Possible sanctions include game (partial or whole) and school suspensions and/or detentions.

### *School Counselling*

The offending student shall have appointments made with their Head of House, relevant Head of School and/or School Principal in an effort to educate the student toward acceptance, tolerance and understanding.

### *Letter of Remorse*

In the event the remark is heard by the victim, a personal letter of apology shall be needed from the offending student to the victim. Where possible, the victim's first name should be included as a mark of respect to the victim. The letter shall be forwarded by the Director of Sport and Activities to his/her counterpart at the other school. In addition to the personal letter, an open letter of remorse seeking forgiveness, where the student shall take ownership and responsibility for their actions, shall also be completed and forwarded to the Director of Sport and Activities. The student shall not be eligible to play

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sport for the College until such time as these obligations are completed.

In the event the remark is not heard by the victim, an open letter of remorse will be forwarded to the Director of Sport and Activities by the nominated date. Scotch College endorses the AFL racial/religious code.

### Scotch College Sport Model

**Junior Primary:** Physical Education forms the basis for future sport involvement. The 'House' system offers the opportunity for exposure to competition.

**Middle Primary:** Intraschool sport competition for team sports. House and SAPSASA individual sports commence.

**Upper Primary:** Interschool team sports. Availability for talent squads. SAPSASA expands into team sports.

**Middle and Senior Schools:** Interschool competition, broader offering of sports, Sport Association of Adelaide Schools, talent squads, interstate and international competition, Independent Girls Secondary School Sport Association.

### Sport Association of Adelaide School Extreme Weather Policy

#### Boys Sport Only

##### *Rationale*

This policy is provided for member schools in order to meet the following objectives in relation to extreme weather conditions particularly in the case of hot weather, but also in other circumstances such as severe storms, electrical storms or extremely cold conditions.

5. To provide guidelines for members so that their duty of care responsibilities are acknowledged and addressed and to ensure that the Association has acted responsibly in these circumstances.

6. To establish structures and procedures to assist members in making decisions efficiently.

7. To establish consistency of practice.

#### Hot Weather Blanket Cancellations (other than for water based sports)

##### *For Saturday sport and weekday sport*

If the temperature for the forthcoming SATURDAY is forecast at 38c in Friday mornings Advertiser all SAAS sport primary and secondary, with the possible exception of first XI cricket and drive tennis, will be cancelled.

This includes any indoor Saturday sport – e.g. Badminton

Drive Tennis will only be cancelled when either one or both Directors of Sport (or other senior school member of staff) decide that the match should be cancelled.

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Some variation in play may occur.

Weekday Secondary Sport – With the exception of Waterpolo and Swimming all other weekday sport including indoor competitions will be cancelled if the temperature for the day is forecast at 38C in the Advertiser in the morning of the competition  
If the forecast temperature is less than 38 degrees but conditions are considered as extreme, the SAAS Executive Officer in consultation with The Chair of Executive and Coordinators will inform both Coordinators and Principals of schools by either/or fax/ email if sport is to be cancelled.

This should occur as soon as possible on Thursday morning prior to the Saturday's games. Coordinators will then be expected to communicate with students/coaches/parents in informing them of the situation. First XI cricket may be cancelled on an assessment of local conditions when either one or both Director of Sport (or other senior school members of staff) decides that the match should be cancelled. Playing conditions will be varied in hot weather to allow for extra drinks breaks and variations to playing time. When making a decision SACA guidelines for afternoon cricket should be taken into consideration.

#### ***For mid week Primary sport***

If the maximum temperature in the Advertiser on Friday morning is forecast to be 35 degrees or more all games are to be cancelled for Friday afternoon.

#### ***Other Cancellations due to Hot Weather***

A school may elect to cancel fixtures where the forecast temperatures are lower levels than those stated above where local conditions are more severe and poses an increased risk for student participation.

#### ***Cancellations Due to Other Weather Conditions***

The ISSA Sporting Administrator in consultation with the Chair of the Executive may issue a blanket cancellation where weather conditions across the metropolitan area are considered to be so extreme as to warrant such a cancellation. It is recognised that extreme weather conditions (hail, lightning, rain etc.) could impact upon proceeding with games.

Fixtures may be cancelled by either participating school if deemed necessary

#### ***Lightning/Thunderstorms***

Due to the inability to accurately forecast electrical storms and the likelihood of very localised weather patterns it is not possible or practical to create a policy that can be applied to all venues on any particular day. However, the following guidelines should be considered and followed;

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### **Guidelines**

- If the weather forecast is for possible thunderstorms/lightning remain vigilant for approaching storms and. /or changing or rapidly deteriorating conditions.
- If you see lightning apply the “30 – 30 Rule” Count the time from seeing lightning to when accompanying thunderclap is heard., if less than 30 seconds (storm is less than 10 kms away) go immediately to a safer place. Wait 30 minutes after the last thunder clap before continuing play in an open area.
- Hearing thunder means that lightning is likely to be within striking range.
- In the event of thunderstorm/lightning where player/officials/spectator welfare is deemed unsafe by either team coach (or referee) play should be suspended.
- If conditions improve – remember the 30 – 30 rule and wait 30 minutes, games may recommence. This may require some modification to duration of game.

### **Heavy rain/Hail/Wind Gusts**

Heavy rain or hail is unlikely to present as a significant personal injury risk to participants. However, heavy rain or hail may leave a playing surface dangerous and therefore unplayable! As is the case with lightning/thunderstorms it is not possible to have in place a policy that can be applied to all venues on a particular day. The following guidelines should be followed:

### **Recommendations and Guidelines**

In the event of heavy rain or hail, if the conditions such as the safety of the playing surface or player welfare are deemed unsafe by either team coach (or referee) then play should initially be suspended.

- If the conditions improve i.e. rain stops or eases to what is considered a safe level by coaches/referees and the playing surface can be cleared or has drained sufficiently to enable play to re-commence, games should then be completed.
- This may also require a modification of existing ruled regarding the durations of the game.

## **IGSSA (Girls Sport Only)**

### **Extreme Weather Guidelines**

#### **Hot Weather**

#### **Saturday morning Sport**

If the weather is predicted to be 38 degrees or above at 12pm on Friday on the Bureau of Meteorology website, [www.bom.gov.au](http://www.bom.gov.au), Saturday morning sport will be cancelled.

#### **Mid-Week Sport**

If the weather is predicted to be 36 degrees at 9am on the Bureau of Meteorology website, [www.bom.gov.au](http://www.bom.gov.au), that afternoon’s sport will be cancelled.

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### ***Inclement Weather***

In the event that mid-week matches are cancelled due to weather or any other unforeseen reason (such as the playing surface deemed unsafe) the decision to cancel will be made by the Director of Sports of the host School who should advise the opposing School(s) as early as practical.

### ***Lightning/Thunderstorms***

Due to the inability to accurately forecast electrical storms and the likelihood of very localised weather patterns it is not possible or practical to create a policy that can be applied to all venues on any particular day. However, the following guidelines should be considered and followed;

#### ***Guidelines:***

If the weather forecast is for possible thunderstorms/lightning remain vigilant for approaching storms and/or changing or rapidly deteriorating conditions. If you see lightning apply the “30 – 30 Rule” Count the time from seeing lightning to when accompanying thunderclap is heard, if less than 30 seconds (storm is less than 10 kms away) go immediately to a safer place. Wait 30 minutes after the last thunderclap before continuing play in an open area. Hearing thunder means that lightning is likely to be within striking range. In the event of thunderstorm/lightning where player/officials/spectator welfare is deemed unsafe by either team coach (or referee) play should be suspended. If conditions improve – remember the 30 – 30 rule and wait 30 minutes, games may recommence. This may require some modification to duration of game.

### ***Scotch College Inclement Weather Policy for Sports Practice***

#### ***Term One and Four***

On days where the forecast maximum on the Bureau of Meteorology website, [www.bom.gov.au](http://www.bom.gov.au), is 38c or higher afternoon coaching/training sessions may be affected.

Swimming	-	no cancellation
Basketball	-	indoors sessions cancelled outdoor sessions cancelled
Softball	-	cancelled
Athletics	-	cancelled
Tennis	-	cancelled
Cricket	-	Middle School and 2nd XI cancelled 1st XI modified training
Rowing	-	on water cancelled indoors cancelled Senior on water modified

Morning training sessions for any of the summer sports will not be cancelled.



### Exceptions

Any training sessions may be cancelled due to extreme conditions. These include but are not limited to:

- temperature extremes
- strong winds
- electrical storms
- smoke from bush fires

Programmed interschool competitions (weekend or mid-week) in general will go ahead with players and officials being expected to attend the venue where a decision will then be made regarding the format of the competition (IGSSA and SAAS policy).

### *Please note:*

In planning training session content, consideration will always be given to weather conditions and the demands they may place on the individual as relates to their age, body mass, conditioning of the participant, as well as humidity, temperature, etc.

To participate in outdoor activities students must have a suitable hat and use sunblock on exposed skin.

It is an expectation that they will supply their own water for maintaining

hydration. In the case of cancellation parents will be informed by email or sms and all students will be given the following options:

- private study in the Library until 5.00pm
- early departure for home